



PERSONAL REFLECTION

When God says move, we move.

When we are about the habits, practices, and the things of God, we are more aware of the times when he's moving in and through us. We need to take a posture that is open, seeking, and ready to respond to the Holy Spirit's movement and promptings. The problem is that we often find ourselves not in-tune with the Spirit. We are distracted, we are religious, we are complacent. Taking a posture of openness means trust and obedience to a keen awareness that God is always advancing his Kingdom purposes and he's invited us into the messy, uncomfortable, and beautiful journey with him.

Trusting a person usually requires some level of knowledge or confidence in their character, abilities, and good intentions. But, when you trust people, it seems normal to guard your hopes and expectations. Trusting God is different. The trust you have must be unconditional. To fully trust God, you have to make an "all in commitment."

- How would you rate your current trust in God (include scale from 1-10). What would need to change or shift for you to move this closer to an unconditional level of trust?
- Are there some activities you could engage in during the next four weeks to take a step toward deeper trust in God and stay in tune with His promptings.
 - I will read a Gospel (Matthew, Mark, Luke or John) and look for ways to be more in tune with Him.
 - I will designate a time to pray every day asking God to teach me to trust him more deeply.
 - I will inquire of someone I admire and ask them what they do to live a life of trusting God day by day.
 - I will make this SHAKEN journey a priority by attending all Sunday worship services and Life Group meetings during the next 4 weeks.
 - Something different:

God is active around you!

Join him in a step of trust and obedience.